

Shudokan Aikido Association – Children’s Test Requirements

Techniques	Students						Comments
10-A / Orange belt / 20 hours	O	U	O	U	O	U	
Shomenuchi ikkyo – omote							
Katadori nikyo – omote							
Shomenuchi iriminage – omote							
Suwariwaza kokyuhō							
10-B / Orange belt with a stripe / 20 hours	O	U	O	U	O	U	
Kosadori iriminage – omote							
Katatetori kokyunage – omote (back projection)							
Shomenuchi / tsuki irimi ushiro ate							
Katatetori tsuki iriminage							
9-A / Red belt / 30 hours	O	U	O	U	O	U	
Morotetori kokyu hō – omote							
Ryotetori tenshinage – omote							
Katatetori sumiotoshi – omote							
Tsuki iriminage							
Suwari waza shomenuchi ikkyo – omote							
9-B / Red belt with a stripe / 30 hours	O	U	O	U	O	U	
Katatetori ikkyo – o/u							
Yokomenuchi iriminage – o/u							
Ushiro ryo tekubitori ikkyo – omote							
Ushiro ryo katatori ikkyo – omote							
Suwari waza shomenuchi iriminage							
9-C / Purple belt / 30 hours	O	U	O	U	O	U	
Yokomenuchi ikkyo – o/u							
Mae gaeri kokyunage							
Katatetori Iriminage – o/u							
Shomenuchi ikkyo – ura							
Suwariwaza katadori nikyo – omote							
9-D / Purple belt with a stripe / 30 hours	O	U	O	U	O	U	
Katatetori kokyunage (ai-hanmi)							
Morotetori ikkyo – omote							
Shomenuchi nikyo – omote							
Katatetori shihonage – o/u							
Suwari waza shomenuchi ikkyo – ura							
8-A / Green belt / 35 hours	O	U	O	U	O	U	
Tsuki kotegaeshi – ura							
Yokomenuchi shihonage - omote							
Ushiro ryo tekubitori kokyunage (front projection)							
Ushiro ryo tekubitori nikyo – omote							
Suwari waza shomenuchi nikyo – omote							

8-B / Green belt with a stripe / 40 hours	O	U	O	U	O	U
Katatetori kotegaeshi – ura						
Katatetori kaitenage soto – omote						
Yokomenuchi shihonage – o/u						
Shomenuchi sankyo – o/u						
Suwari waza shomenuchi sankyo						
8-C / Blue belt / 40 hours	O	U	O	U	O	U
Shomenuchi yonkyo – o/u						
Morotetori kokyunage (forward projection)						
Ryotetori kokyunage (back)						
Tsuki kaitenage – omote						
Suwari waza shomenuchi yonkyo – o/u						
Niningake – 2 attackers						
7-A / Blue belt with a stripe / 45 hours	O	U	O	U	O	U
Katamenuchi ikkyo – omote						
Katamenuchi nikyo – ura						
Katatetori kaitenage uchi – o/u						
Shomenuchi gokyo – omote						
Suwari waza shomenuchi gokyo – omote						
Futarigake – 3 attackers						
7-B / Brown belt / 45 hours	O	U	O	U	O	U
Tsuki hiji nage						
Yokomenuchi kotegaeshi						
Katatetori koshinage – 2 ways						
Ushiro ryo tekubitori jujunage						
Hamni handachi katatetori shihonage – omote						
Taninzugake – 4 attackers						
7-C / Brown belt with a stripe / 45 hours	O	U	O	U	O	U
Kubishime koshinage						
Ushiro ryo tekubitori sankyo – o/u						
Ushiro ryo tekubitori kotegaeshi						
Hamni handachi ryotetori shihonage – o/u						
Yokomenuchi gokyo – omote						
Suwari waza tsuki kotegaeshi						
Taninzugake – 5 attackers						
Shodan ho – Black belt trainee / 50 hours	O	U	O	U	O	U
Examiner will choose techniques from all levels						