

## Shudokan Aikido Association - Kyu Testing Standards

Techniques	Students						Comments
<b>8<sup>th</sup> Kyu – 20 hours – Orientation</b>							
<b>7<sup>th</sup> Kyu – 25 hours (Total 45 hours)</b>	O	U	O	U	O	U	
Shomenuchi Ikkyo – O/U							
Shomenuchi Iriminage – O/U							
Katadori Nikyo – Omote only							
Suwariwaza Kokyuhō							
<b>6<sup>th</sup> Kyu – 40 hours</b>	O	U	O	U	O	U	
Katatetori Ikkyo - O/U							
Shomenuchi Nikyo - Omote only							
Shomenuchi Iriminage - O/U							
Tsuki Kotegaeshi – Ura							
Katatetori Sumiotoshi O/U							
Katatetori Kokyunage - O/U - 2 ways							
Suwari waza Kokyu-ho							
<b>5<sup>th</sup> Kyu – 60 hours</b>	O	U	O	U	O	U	
Katatetori Ikkyo (ai-hanmi) O/U							
Katadori Nikyo - Omote only							
Katatetori Iriminage O/U							
Katatetori Shihonage - O/U							
Ryotetori Tenshinage - O/U							
Ushiro Ryo Tekubitori Kotegaeshi (Tenkan)							
Morotetori Kokyu-ho - O/U							
Mae geri Kokyunage - 2 ways							
Suwari waza Shomenuchi Ikkyo O/U							
<b>5<sup>th</sup> Kyu Optional</b> - No hours/time frames required							
<b>Weapons Level 1 - Bokken &amp; Jo</b>							
<i>Bokken</i> - Kiri kaeshi - Cuts (4 ways) / <i>Kumi-Tachi</i> Ikkyo							
<i>Jo</i> - Kiri kaeshi Ikkyo / <i>Kumi-Jo</i> Ikkyo / <i>Jo Kata</i> – 10							
<b>4<sup>th</sup> Kyu – 80 hours</b>	O	U	O	U	O	U	
Morotetori Ikkyo - Omote (Tenshin) & Ura							
Yokomenuchi Ikkyo O/U							
Shomenuchi Nikyo - Ura only							
Katadori Nikyo - Ura only							
Shomenuchi Sankyo - O/U							
Tsuki Iriminage - (two ways)							
Yokomenuchi Shihonage - O/U							
Katatetori Shihonage (ai-hanmi) O/U							
Katatetori Kotegaeshi – Ura							
Ushiro Ryo-Tekubitori Ikkyo (Irimi/Tenkan)							
Suwari waza Shomenuchi Nikyo O/U							
<b>4<sup>th</sup> Kyu Optional</b> - No hours/time frames required							
<b>Weapons Level 2 - Bokken &amp; Jo</b>							
<i>Bokken</i> - Kiri kaeshi - Ma-ai Keiko / <i>Kumi Tachi</i> Nikyo							
<i>Jo</i> - Kiri kaeshi Nikyo / <i>Kumi-Jo</i> Nikyo / <i>Jo Kata</i> - 15							

	O	U	O	U	O	U
<b>3rd Kyu – 100 hours</b>						
Ushiro Ryo Katatori Ikkyo (Irimi/Tenkan)						
Morotetori Nikyo O/U						
Ushiro Ryo Tekubitori Sankyo (Irimi/Tenkan)						
Katatetori Iriminage (ai-hanmi - two ways)						
Ryotetori Shihonage O/U						
Ushiro Ryo Katatori Shihonage (Irimi/Tenkan)						
Yokomenuchi Kotegaeshi O/U						
Katatetori Kaitenage O/U, Uchi & Soto						
Suwari waza Shomenuchi Sankyo O/U						
Suwari waza Shomenuchi Iriminage O/U						
Hanmi Handanchi Shomenuchi Ikkyo O/U						
Hanmi Handanchi Katatetori Shihonage O/U						
<b>3rd kyu Optional</b> - No hours/time frames required						
<b>Weapons Level 3 - Bokken &amp; Jo</b>						
<i>Bokken</i> - Kiri kaeshi – Ushiro & Irimi-Ashi Sabaki / Kumi Tachi Sankyo / Shiho-giri						
<i>Jo</i> - Kiri kaeshi Sankyo /Kumi-Jo Sankyo / Jo kata - 20						
<b>2nd Kyu – 125 hours</b>	O	U	O	U	O	U
Tsuki Ikkyo - Omote only						
Ryotetori Nikkyo - 2 ways						
Morotetori Sankyo O/U						
Ushiro Ryo Katatori Sankyo						
Shomenuchi Yonkyo O/U						
Morotetori Iriminage - 3 ways						
Yokomenuchi Iriminage - 3 ways						
Shomenuchi Shihonage - O/U						
Morotetori Shihonage - 2 sides						
Katatetori Giyaku Kotegaeshi						
Morotetori Kotegaeshi - 2 ways						
Shomenuchi Kaitenage						
Tsuki Kaitenage						
Koshinage 5 ways						
Jujinage - 5 ways						
Juyu waza						
Freestyle - 2 persons						
Suwari waza Shomenuchi Yonkyo O/U						
Suwari waza Katadori Nikyo O/U						
Hanmi Handanchi Shomenuchi Iriminage O/U						
Hanmi Handachi Ryotetori Shihonage O/U						
Hanmi Handachi Katatetori Kaitenage O/U, Uchi/Soto						
<b>2nd kyu Optional</b> - No hours/time frames required						
<i>Bokken</i> – Kiri kaeshi - Kushin / Kumi Tachi Yonkyo / Happo-giri						
<i>Jo</i> – Kiri kaeshi Yonkyo / Kumi-Jo Yonkyo / Jo kata - 30						

